

COVERED IN THIS WEBINAR

- What is the Difference Between Category A and B CE Credits?
- Special Category A CE Credits: Jurisprudence, Pharmacology and IVIT
- When Do You Have To Submit Your Credits to CONO?
   How Many Credits Do You Have to Submit?
- How Do You Find Out Which Credits You Already Have?
- Where Can You Get CE: Credits Before September 30th?
   What To Do If You Can't Get Your Required Credits in Time
   What Documentation Do You Have to Submit to CONO?
- Tips on Tracking Your CE Credits
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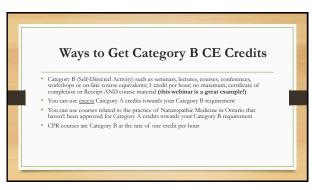


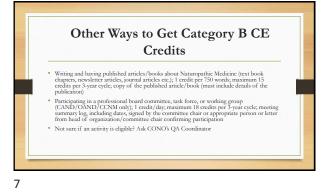


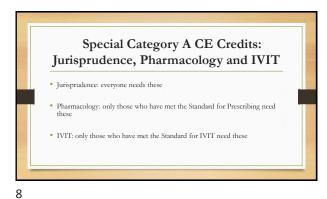


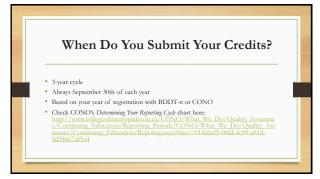
## What is the Difference Between Category A and B CE Credits?

- Category A: Core Activities 30 credits in CONO pre-approved structured learning activities related to the clinical competencies of the profession.
   Category B: Self-Directed Activities 40 credits in professional development activities relevant to Ontario ND naturopathic practice.
- Lots of ways to get Category B credits, outlined in the CONO document Maximum Credit and Acceptable Proof
- Category B activities have limits on how may credits you can claim, a maximum number of credits you can claim in a 3-year period, and acceptable proof of completion



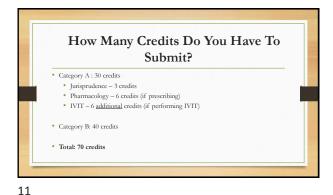


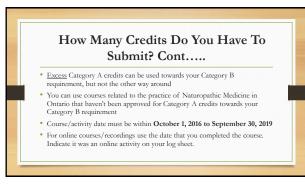




## You Must Submit Credits This Year If Your Registration Year is Below







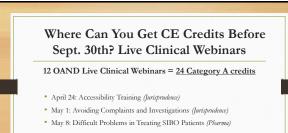
## How Do You Find Out Which Credits You Already Have?

- Each organization that presents Category A approved courses is responsible for sending you a CE Certificate as proof of your attendance
- Before you contact the OAND to request your CE Certificates from previous CE activities:
   Please check your email records first you may already have it!
- Please advise if you had a different last name at the time of the CE activity you are requesting a certificate for
- Please note specific events and year you are requesting a CE certificate for (i.e.: 2016 Convention, 2017 live webinar on advertising, 2018 webinar recording on BHRT, etc.)
- · Please ensure that the event was held by the OAND

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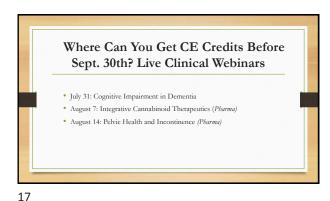
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• May 15: Managing Cancer-Related Fatigue

## Where Can You Get CE Credits Before Sept. 30th? Live Clinical Webinars

- May 29: Top 10 Homeopathic Polycrest Remedies
- June 12: Reducing Risk in Estrogen Detoxification (Pharma)
- June 19: Cancer Patient Management 101 (Pharma & IVIT)
- June 26: HRT Prescribing From PMS to Menopause (*Pharma*)
  July 17: Cancer Survivorship
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## Live Clinical Webinar Packages

Save Time With Our New Curated Webinar Packages 2019 Women's Health Package:

- 6 Category A credits (3.75 General; 2.25 Pharma)
- June 12: Reducing Risk in Estrogen DetoxificationJune 26: HRT Prescribing From PMS to Menopause
- August 14: Pelvic Health and Incontinence

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## Where Can You Get CE Credits Before September 30th? Webinar Recordings

- 23 OAND webinar recordings available = <u>46 Category A credits</u>
- Advertising Naturopathic Services (Jurisprudence)
- Cover Your Apples! Preventing Common Risks in Naturopathic Practice (Jurisprudence)
- Mandatory Referrals Reporting and Preventing Sexual Abuse (Jurisprudence)

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#### Where Can You Get CE Credits Before September 30th? Webinar Recordings

- Patient Records: Ownership, Transfer, and Disclosure (Jurisprudence)
- What's the Deal with Delegation (Jurisprudence)
- Fibromyalgia: A Pain Disorder of the Central Nervous System (Pharma)
- Clinical Neuro-Endo-Immunology in Menopause (Pharma)
- Research Update in Fertility & Pregnancy Loss (Pharma)
- Treating Pain Intelligently (Pharma)

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### Where Can You Get CE Credits Before September 30th? Webinar Recordings

- The Untapped Goldmine of Compounding Options (Pharma)
- The Further Metabolism of Steroid Hormones (Pharma)
- · Bio-Identical Hormones for Women and Men (Pharma)
- Palliative Care (Pharma & IVIT)
- Adjunctive Cancer Care: What Has 30 Years Brought Us? (Pharma & IVIT)
- IVIT Inspection Regulation Overview (IVIT)

#### Where Can You Get CE Credits Before September 30th? Webinar Recordings

- Microbiota and Diet
- What's Behind a NPN?
- When Trauma is the Cause of Pain
- · Epigenetics and the Mitochondria in the Context of Fertility
- Childhood Trauma, Obesity & IBS in Adulthood
- Practical Cleansing

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#### Where Can You Get CE Credits Before September 30th? Webinar Recordings

- Biomarkers for Intestinal Inflammation and Treatment
- Mould and Mycotoxin Illness Demystified
- All live webinars are recorded. We announce to our members when new webinar recordings are made available.
- COMING SOON: Webinar Recording Packages! In 3 and 6 packages and we're rolling out Curated Webinar Recording Packages too!

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## Where Can You Get CE Credits Before September 30th? Live Events

Spring Conference/AGM= <u>3 Category A & 3.5 Category B credits</u>

- Saturday April 13, 9 am to 5:15 pm
- Novotel North York Hotel, 3 Park Home Ave, Toronto
- 2 clinical sessions, 1 practice mgmt & OAND Annual General Meeting
- Includes 0.5 Pharma credits

## Where Can You Get CE Credits Before September 30th? Live Events

- Healthy Babies Start at Preconception; Dr. Jodie Peacock, BSc, ND
- Top 3 Marketing Tools for a Successful 2019; Brandy Kinnear
- OAND Annual General Meeting
- Navigating the World of Cannabis as Medicine: Dr. Jonas Vanderzwan, MD, CFPC

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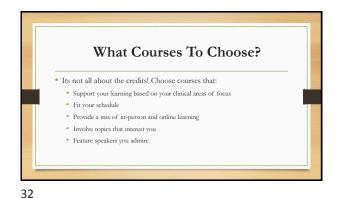
## Where Can You Get CE Credits Before September 30th? Live Events Botanical Walks= <u>8 Category B Credits</u> Led by John Redden, RH Learn hands-on about both traditional European and Native uses of botanicals, energetics, and use of botanicals in clinical practice Coldwater Botanical Walk: Saturday July 13, 10 am to 2 pm

- Old Mill Botanical Walk: Saturday July 27, 12 pm to 4 pm
- Registration opens in April



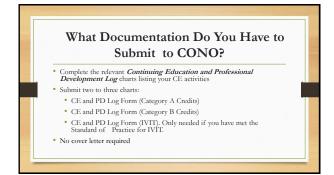
# Where Else Can You Get CE Credits Defore September 30th? • Check CONO's list of approved Category A courses here: http://www.collegeofinaturopaths.on.cg/CONO/What.We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CONO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CONO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CONO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/CoNO/What\_We\_Do/Quality\_Assurance/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/Continuing\_Elducation/Approved\_Courses/Courses/Continuing\_Courses/Continuing\_Elducation/Approved\_Courses/Courses/Continuing\_Courses/Course

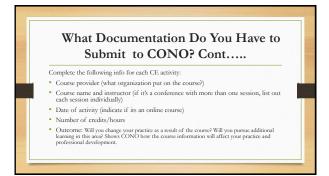
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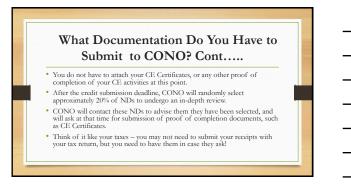


#### What To Do If You Can't Get Your Required Credits in Time

- Get as many credits as possible and submit your logs by Sept 30
  - Show CONO that you're aware of your professional obligations and have tried your best to meet them by including a letter stating how many credits (and what type) you still need, and when you expect to get them by
  - Better to submit on time without your full credit allotment than to submit late after you have all your credits
- The QA Committee (composed of NDs) makes the decisions, not CONO staff
   As a last resort, submit CONO's *Amendment Request Form* ASAP







## CONO's QA Coordinator Says...

- · CE logs don't have to be perfect (i.e.: doing a credit tally on each page of each log)
- · Don't be afraid to call
- Submit via email or snail mail totally up to you
- Feel free to submit logs well before Sept 30 if you're missing any credits/info, the QA Coordinator can let you know what you're missing
- · Submit deferral/amendment forms early, esp. if you've been inactive

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#### How to Submit Documents to CONO

Submit logs via email (or hard copy) to:

Email: QA@collegeofnaturopaths.on.ca

Snail Mail: CONO, QA Coordinator, 150 John Street, 10th Floor, Toronto, Ontario, M5V 3E3

More questions? Contact CONO's QA Coordinator by phone at (416) 583-6019

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## How to Avoid Credit Deadline Stress In Future Years • Your next CE credit cycle starts on October 1 - no time like the present to plan!

- Track your courses and CE certificates after you do each course instead of waiting until your next submission deadline
- · Keep the PDF logs as 'living documents', and fill out the info as soon as you take a course Keep a folder on your computer for CE Certificates and save them there as soon as your receive them
- When your next credit cycle arrives, you'll be ready to submit, stress-free!

## Where Can You Get CE Credits After Sept. 30th?

OAND Convention and Tradeshow = 15 Category A & 22.5 Category B • November 8 – 10, Toronto Congress Centre

- Topic sneak peek: SNP Analysis, Pain Management, Cannabis, Forest Bathing, Functional Lab Analysis, IVIT Intensive, Fertility, ND Self-Care
- Get all recordings of Convention sessions FREE worth 22.5 Category B credits!!
- One event = over half of ALL required credits!

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