



The College of Naturopaths of Ontario

Maximum Credit Allotment and Acceptable Proof of Completion

Type of Activity	Number of Credits	Maximum Credits Per 3-Year Cycle	Acceptable Proof of Completion
CATEGORY A CREDITS			
Category A (Core Activity) such as seminars, lectures, courses, or conferences	1 credit per hour	No Maximum	<ul style="list-style-type: none"> • Certificate of completion; OR • Receipt AND course material (receipt must include course date)
CATEGORY B CREDITS			
Category B (Self-Directed Activity) such as seminars, lectures, courses, conferences, workshops or on-line course equivalents	1 credit per hour	No Maximum	<ul style="list-style-type: none"> • Certificate of completion; OR • Receipt AND course material (receipt must include course date)
Review of journal articles, text books etc.	1 credit per journal article/chapter	15	<ul style="list-style-type: none"> • 1/2 page summary of articles reviewed
Acting as a presenter/lecturer of a CONO approved core activity or self-directed activity	1 credit per presenting hour	15	<ul style="list-style-type: none"> • Letter from provider/sponsor confirming presentation (including date); OR • Promotional materials with information about presentation (must include member's name and date of presentation)
Completion of a self-study audio/video program, internet material	½ credit per hour	18	<ul style="list-style-type: none"> • 1/2 page summary of self-study program

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Writing and having published articles/books about Naturopathic Medicine (text book chapters, newsletter articles, journal articles etc.)	1 credit per 750 words	15	<ul style="list-style-type: none"> • Copy of the published article/book (must include details of the publication)
Authoring clinical research in a peer reviewed publication	5 credits/ publication	15	<ul style="list-style-type: none"> • Copy of the published article; OR • Copy of abstract for the article and citation information (must include member's name)
Participating in a CONO committee, task force, or working group	1 credit/day	18	<ul style="list-style-type: none"> • Meeting summary log, including dates, signed by the committee chair or appropriate College staff person
Participating in a professional board committee, task force, or working group (CAND/OAND/CCNM only)	1 credit/day	18	<ul style="list-style-type: none"> • Meeting summary log, including dates, signed by the committee chair or appropriate person; OR • Letter from head of organization/committee chair confirming participation
Acting as an examiner for the clinical exams	1 credit/day	12	<ul style="list-style-type: none"> • Examination summary log, including dates, signed by the appropriate person; OR • Letter from head of organization confirming participation as a clinical examiner
Acting as a peer assessor	1 credit/day	18	<ul style="list-style-type: none"> • Peer Assessment summary log, including dates, signed by the appropriate College staff person; OR • Letter from head of organization confirming participation as a peer assessor
Participating as a supervisor in a student clinic (part-time only)	1 credit/semester	9	<ul style="list-style-type: none"> • Summary log, including dates, signed by the appropriate person; OR • Letter from head of organization/supervisor confirming participation as a supervisor

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Participating as a supervisor through an externship (part-time only)	1 credit/day	15	<ul style="list-style-type: none"> • Summary log, including dates, signed by the appropriate person; OR • Copy of the contract/agreement for the position of supervisor for the externship; OR • Letter from head of organization/supervisor confirming participation as a supervisor
Participating as a preceptor or College approved mentor	1 credit/day	15	<ul style="list-style-type: none"> • Summary log, including dates, signed by the appropriate supervisor or College staff person; OR • Letter from head of organization/supervisor confirming participation as a preceptor
Serving as academic faculty at a recognized educational institution (part-time only)	1 credit/course/semester	9	<ul style="list-style-type: none"> • Summary log, including dates, signed by the appropriate person; OR • Letter from head of organization/department confirming employment as a faculty member
Acting as a teaching assistant (part-time only)	½ credit/course/semester	9	<ul style="list-style-type: none"> • Summary log, including dates, signed by the appropriate person; OR • Letter from head of organization/department confirming employment as a teaching assistant
Completion of a CPR for Healthcare Providers (HCP) certification or re-certification course	1 credit per hour	8	<ul style="list-style-type: none"> • Certificate of completion of CPR training
Participating in a study/discussion group*	1 credit/session (min. 2 hours per session)	9	<ul style="list-style-type: none"> • Written documentation which includes the date, time, duration of the session, attendees, and a short summary of the topic(s) discussed

*Please see the Study Groups Guideline for more information on the specific criteria for study/discussion groups